

September 2017

Chalice and Gongs

News from St. Dunstan's Episcopal Church & Preschool



St. Dunstan's
Episcopal Church

*Live the Resurrection.
Proclaim the hope.
Serve all people.*

5635 E. 71st Street, Tulsa OK 74136 • 817-492-7140 • www.dunstantulsa.org

Back to (Sunday) School!



Althea Norman

Now that kids are back in school, that also means we hope your kids will return to Sunday School here at St. Dunstan's.

"Your kids" can also be grandchildren, nieces, nephews, neighbors, and friends of your children.

Classes run about 9:45-10:45 a.m. Sundays during the school year and are led by church volunteers who also have children here at St. Dunstan's. Some of the activities we had for the kids last year included:

- Acting out the story of St. Nicholas for a December sermon in church
- Designing flower pots for Mother's Day
- Visiting St. Dunstan's labyrinth and the Way of the Cross in the CFC during Lent
- Weekly arts and crafts projects after reading Bible stories

The program is for children of all ages (adults welcome too!) and if your child is a bit too young for an hour-long class, there is a nursery available just a few doors away.

Welcome back to
(Sunday) school!

*Kirsten Bernhardt
shares the story
of Naaman being
cured of leprosy*



*Bonnie Patonai tells "The Good Samaritan"
parable story through Godly Play*



*Althea Norman shares how Altar Guild helps prepare
for Sunday services*



*Sunday School class performs the story of St. Nicholas
for the congregation during services in December*



St. Dunstan's Episcopal Church

❖ CLERGY & STAFF

The Rev. Mary Ann Hill, Rector

The Rev. Alan Barrow, Deacon

The Rev. Lois H. Gatchell, Deacon

Eliot Glaser, Organist &
Choir Master

Cathy Woods, Parish
Administrator

Lee Ann Kannady, Financial
Administrator

Terry Watts, Parish Chef &
Kitchen Manager

Lacey Adams
Director - St. Dunstan's Preschool

❖ WORSHIP SERVICES

Sunday —

Holy Eucharist:

8:30 a.m. and 11 a.m.

Misa en Español: 1 p.m.

Weekdays —

Weekly Wed.: Holy Eucharist and
prayers for Healing at 5:30 p.m.

2nd Wed.: Holy Eucharist at
Montereau, 4:00 p.m.

VISION:

*The world transformed
through Christ*



Tread, Read, Reed, Through, Bough

English is a language of many cultures and mastering it can be a challenge. We place our sounds all over our mouth, nose and throat. Many words have silent letters in English, while that's not the case in other languages. The same letter combinations produce varying sounds in English. And then there are idioms! And regional sayings that aren't the same in all parts of the country. In short, it's hard enough to learn a new language as an adult, let alone one with such varying sound structures and word usages. But Lisa Duncan and I are trying to help that happen for a few folks. Since last fall we've met with between two and five eager, sweet learners who have a wide range of proficiency in English. There is slow and minimal progress and some false starts, but we are trying to make it possible for them to function in our society for those with the desire to do so. Please keep us in your prayers, offer any ideas you have, and celebrate the small steps with us.



Angela and Lisa Prepare an ESL (English as a Second Language) Lesson

We are taking a break in August and figuring out when to pick up the class again in September and how we want to move forward, if God so wills. Our class meets weekly on Wednesday nights from 6-7 p.m. in the small meeting room of the Christian Formation Center in the north wing.

In God's Peace,
Lisa Duncan and Angela Hock-Brewer

PARISH TO SHARE LABOR DAY FOOTBALL FUN



Labor Day weekend - **Saturday, Sept. 2nd**, 11:00 to 6:00 p.m. (or so): A whole day of football in the CFC (labyrinth room). Wear your team colors. Come with a beanbag or a blowup chair for comfort.

Bring snacks and games to share. Thomas and Althea Norman will lead this football fundraiser. Proceeds from soda and beer concessions will benefit the "fix-our-roof fund".



Althea and Thomas Norman

Ready, Set, Go!

At the end of his letter to the Ephesians, Paul tells them to be ready “to stand against the wiles of the devil’ by donning the ‘armour of God’ . . . Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one.”

These qualities of thought – truth, righteousness, peace, faith – are ones every Christian is constantly striving to strengthen in themselves. What’s more, Paul explains in Philippians that “it is God who is at work in you, enabling you both to will and to work for his good pleasure.”

Much of our work as a community of Christians is to build each other up – to strengthen our truthfulness, righteousness, peacefulness, and faithfulness. It’s also to minister to the world from these reserves of strength and goodness. Let’s remember to use each service, meeting, workday, meal, and rehearsal to minister to and with each other.

In addition to regular services this fall, we are planning the following special ones:

Sunday, October 1 at 5pm – Evensong celebrating the Feast of St. Francis

Sunday, November 19 at 5pm – Evensong celebrating the Feast of St. Hilda

Sunday, December 17 at 5pm – Advent Service of Lessons and Carols

On your marks,
Eliot

Let’s Make it a Party!

Everyone is encouraged to attend the “Pew Cleaning Party” on Saturday, September 9th, from 9:00 a.m. to noon. Cleaning supplies will be provided. We will order pizza for after the work is done. Please bring your muscle power, and your favorite beverages to go with pizza.



Win a \$2500 Utica Square gift certificate valid at all Utica Square merchants!!

St. Simeon’s Foundation is hosting Western Days on September 12 to benefit St. Simeon’s Episcopal Home. Purchase tickets for a chance at winning the \$2500 gift certificate. One (1) ticket for \$20 OR Six (6) tickets for \$100. Please contact Ted or Elaine Hanner at 918 492-7838 or ehanner@hotmail.com for tickets to support this important fundraising event for St. Simeon’s.

— Elaine Hanner

St. Dunstan’s Episcopal preschool is currently enrolling for all classes. Contact us today to enroll your preschooler, to learn more about our program, or to set up a classroom tour. Call us at 918-494-6654.

FEEDING THE HOMELESS



How Does It Happen?

It's Wednesday, July 12th, and **Team Miskell** team member and caller **Becky Riggs** has contacted all the team members, bakers and substitutes, and has asked **Carolyn Pitcock** to substitute as a cook. Activities start with bakers. It takes five or six volunteers cooking three dozen cookies each to provide dessert for the meal. Bakers for July were **Ed & Susan Adams, Penny Pondelik, Becky Riggs, Jean Schroeder, and Cherie Simmons**.

Shoppers **Mike and Becky Riggs** go to Sam's to buy ingredients for Judy Luce's pasta and meatball casserole recipe, plus pickles, bags of coleslaw, bread, paper plates, etc., and put them in the kitchen, ready for cooks.

At one o'clock cooks **Judy Luce** and **Carolyn Pitcock** start assembling the casserole. **Mary Carolyn Hoag** and **Jamy Fox** begin slicing ten 30-inch loaves of Italian bread into $\frac{3}{4}$ " slices. The bread is then buttered generously, wrapped snugly in aluminium foil, piled on a pan, and put in the old fashioned oven at 250° until the transporters arrive.

Transporter **Mike Riggs** arrives sharply at four o'clock to take food and all the accoutrements downtown to the Tulsa Day Care Center for the Homeless—it usually takes two vehicles, but Mike did it alone this time. Servers are **Darrell Miskell** (team leader), Susanne Miskell, **John Pondelik, Penny Leary, Cherie Simmons, and Mike Riggs**. When all the Day Center's clients (over 100 of them) have been served and the pans are washed, the serving group heads to McNellie's for team hamburgers.

The Pondeliks returned bowls, utensils and pans to the St. D's kitchen for rewashing. **Terry Watts** graciously volunteers to run these things St. D's commercial dishwasher when he does Wednesday Night Dinner dishes. A team member will wash aprons for next month.

And that's how we feed 100 very hungry, homeless people.

On June 14, St. Dunstan's provided a spaghetti dinner for about 100 people at the Day Center.

Following is a list of those who helped: Cooks: **Jeannie Montgomery, Judy Luce, and Carolyn Pitcock**; Desserts: **Marie Rason, Lynn Lee, Jan Madole, and Margaret Daley**; Transport food and wash dishes: **Alan Barrow**; Serve food: **Jinny Confer**, daughter, **Blythe**, and friends, **Caroline and Grace; Kendall Ingle, and Carolyn**. A case of bananas was donated by **Jay Williams**.

The people at the Day Center enthusiastically expressed their appreciation and thanks for the food. If you are interested in helping with this monthly ministry, please let the church office know. There are many ways to help.

Is It Time to Update Your Food Handler's Permit?

Eastgate Metroplex Training Center offers **classes in English** on Monday (9am, 12pm, 6pm), Wednesday (9am, 7pm), and Thursday (9am, 12pm). Classes in **Spanish** are offered on Monday (3pm) and Friday (9am).

Small Groups Set to Begin September 10th

It's the time of year for new beginnings, time to wave a fond farewell to summer and look forward to all the possibilities that the changing season brings. Our church year reflects these seasonal changes, and now is the time for revamping and renewing our Sunday morning Christian Formation offerings for the upcoming year. Sunday School for young children and small groups for the rest of us will begin on Sunday, September 10th at 9:45 a.m.

Adult Forum

Sharon Irvine will lead the Adult Forum group in its study of movies as prayer. Please find more information about this series of classes on the back page.

NEW Young Parents Group

This group will initially be led by Bonnie Patonai. It is intended to serve the needs of young parents and will be structured by group members as it coalesces. One idea is to have group members anonymously submit discussion topics on parenting, relationships, religion, spirituality, and other topics important to young parents. It is intended to be an informal group, so what leadership needs there are will, at some point, be shared. If you're a young parent, what's on your mind? Join this group and talk about it with others in your stage of life.

Kerygma

The Kerygma group will continue to meet in the office conference room. Kerygma is a study of the New Testament where participants actively engage in learning about the complexities of the Bible in lively and interactive group sessions.

NEW Outreach & Service for Teens

Young people, ages eleven and up are invited to join a new group focused on outreach and community service projects. The idea is to do a wide variety of projects focused on helping those in need. No two Sundays will be the same and there will be lots of room for input from the members of this group.

Children's Sunday School

Sunday School for young children, ages five to ten, will meet in a preschool classroom with our dedicated cadre of experienced teachers. For more information about Sunday School, please see the article on page one).

For more information about any Christian Formation group, please contact Cathy at the church office.

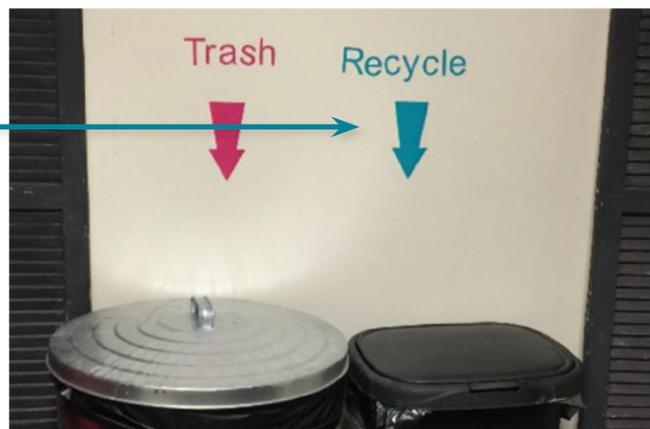


A helpful visual reminder from our Green Queen, Meg Carson...

DID YOU KNOW

- Americans use 2.5 million plastic bottles every hour!
- Recycling plastic saves twice as much energy as burning it in an incinerator.
- Americans throw away 25,000,000,000 Styrofoam coffee cups every year.

From www.mrcpolymers.com/PlasticRecyclingFacts.php



ST. DUNSTAN'S VBS 2017



A great time was had by all at St. Dunstan's VBS 2017, "Knights of St. Dunstan's." Thanks to Bonnie Patonai for her excellent leadership and to all the wonderful teachers and volunteers, both adults and teens.

Photos by Karen Dent



David and Goliath

A very long time ago there was a war between the Philistines and the Israelites. The two armies set up their camps between the cities of Sokoh and Azekah.

The Bible says there was a Philistine warrior named Goliath who was over 9 feet tall! For forty days, every morning and night he came out of his camp and challenged the Israelites. Goliath said he would fight anyone from the Israelite camp, one-on-one, and the battle between them would decide who won the war!

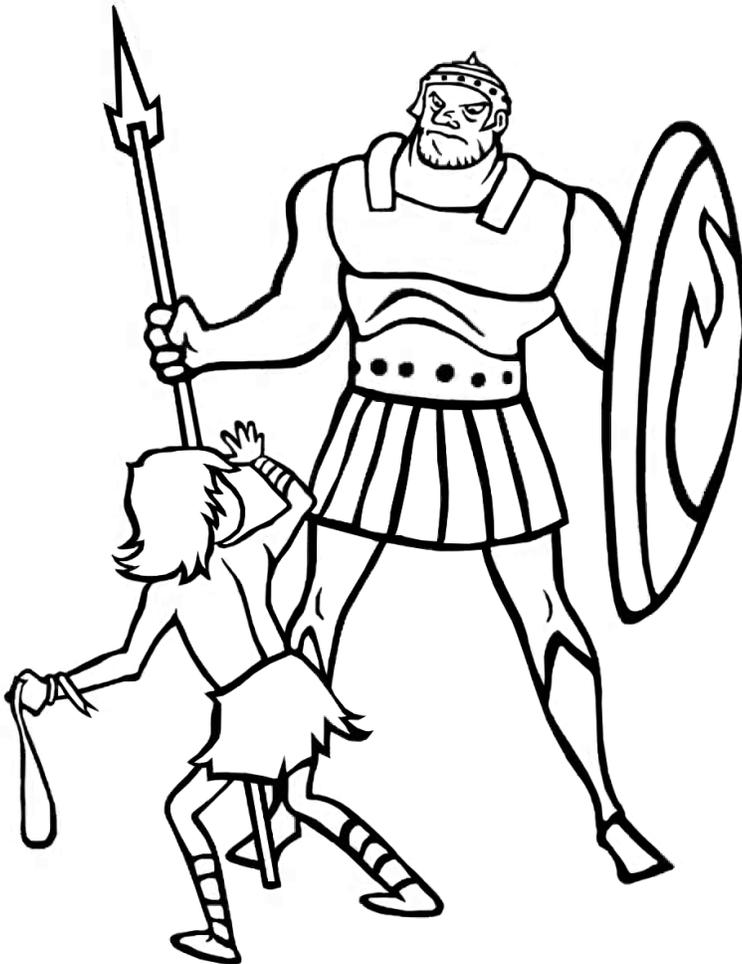
When the Israelites heard Goliath they became very afraid, even King Saul was scared! But when David came to the camp and heard Goliath, he completely trusted in God and was *not* afraid.

David told King Saul that he would fight Goliath and that God would protect him. David went to a nearby stream and grabbed five smooth stones that he could use in his sling shot when he fought the giant.

Goliath laughed when he saw David because he was a young boy, not a warrior like him. David told the Philistines that God was with him and no weapon is any match for Almighty God. David and Goliath ran to fight each other; David grabbed one of the smooth stones from the stream and slung it hitting Goliath right in the forehead!

David beat Goliath with a sling and a stone and when the Philistines saw what happened they were so frightened that they ran away. God had a big plan for David, eventually he became the King of Israel!

Color in the picture.



Word Jumble Puzzle -

Can you unscramble these words from the "David and Goliath" story?

emiras _____

lessairiet _____

stiplihisen _____

addiv _____

taligoh _____

glins _____

tesnos _____

adrefohe _____

gnik _____

rawiror _____

ANSWERS: armies, laealites, David, Goliath, sling, stones, forehead, king, warrior

Around the parish

...someone is always doing something interesting, helpful, thoughtful or creative!

Beth Davidson

As she lights our candles for festivity, her laughter lights our hearts with joy.



Beth Davidson helps with Christmas in July

Adult Forum Goes to the Movies

As Christians, many of us are inclined to divide our lives into sacred and secular. Going to church is sacred, praying and the Eucharist are sacred, and everything else is secular. But what would happen if we began to change our binary way of thinking and began to view all of our experiences as sacred? In other words, what if we could train ourselves to see and hear the divine all the time?

In his book *Movies Are Prayers*, Josh Larsen encourages us to think of movies as prayers because they voice our deepest longings. He believes that prayer can be an “unconscious act,” one that is guided by the Holy Spirit--instinctive prayer. Therefore, a movie does not have to be explicitly religious to reflect God’s truth since God’s grace is often found in unfamiliar places. Larsen encourages readers to see movies as different kinds of prayer, such as prayers of praise, lament, anger, or reconciliation.

In Adult Forum this fall, we will be reading and discussing Josh Larsen’s book, and the movies mentioned in the book. There is no need to have to have seen all the movies included because Larsen describes them vividly. We will also show short clips from some of the films represented, such as *Avatar*, *No Country for Old Men*, *True Grit* (both the old and new versions), *It’s a Wonderful Life*, *The Wizard of Oz*, and *The Matrix*. If there is enough interest, we may even gather for a movie night.

This discussion group is not limited to adults; older teens and local college students are very welcome.

On the Calendar

Mark your calendars...you won't want to miss these important events:

Wednesday Night Dinners Dinners start at 6:00 pm
Reservations requested by noon on the Tuesday before. Please call the church at 918-492-7140, respond on Facebook, or email cathy@stduntulsa.org.

Labor Day Football Saturday, Sept. 2nd, 1:00 pm - 6:00 pm
Football enthusiasts will gather in the CFC. Bring comfy seating and snacks to share.

Sunday School Begins..... Sunday, Sept. 10th, 9:45 am

Evensong Sunday, Oct. 1, 5:00 pm, reception to follow

The Travels of Tucker von Hillhausen

If you haven't done it yet, check out the fabulous pictures of Mother Mary Ann's trip abroad on Face Book. Search for Tucker von Hillhausen or enter this link <https://www.facebook.com/tucker.vonhillhausen>, to see details she posted about her travels.

Despite having an active Facebook account with incredible photographs, Tucker stayed in the States with the Miskells while Mother Mary Ann was abroad. When reunited at the airport, and Darrell said it was a tossup as to whether Mary Ann or Tucker was more excited to see the other.